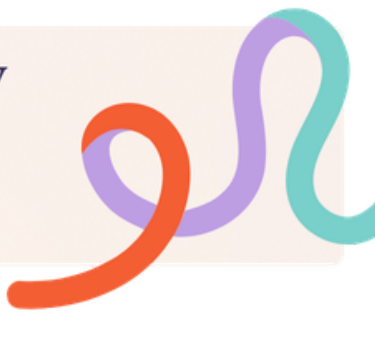


The UpGlo Monthly

MARCH 2026



The Newness of Spring

March marks the beginning of spring, and while we lose an hour on the clock, we gain the excitement of new beginnings on the horizon.

Although spring is nature's fresh start, we at UpGlo know that a new chapter can come at any time and does not always begin under glorious circumstances.

Whether it's a new skill, certification, or opportunity, new beginnings are journeys filled with enthusiasm, frustration, and perseverance.

Know that wherever you are in your new beginning, you are not alone. You have a community that walks with you, supports you in your challenges, and celebrates your wins.

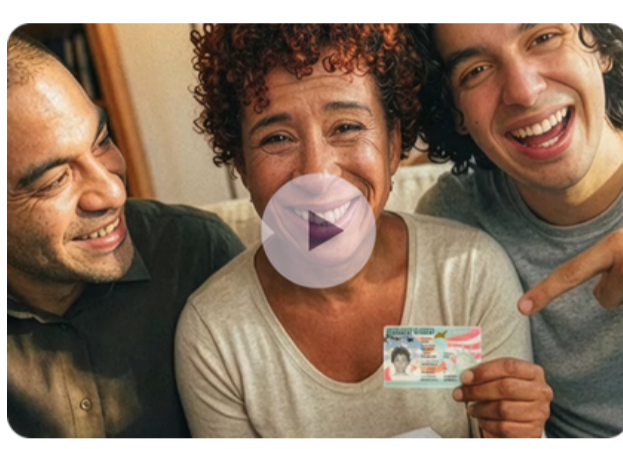
Stay in touch with the UpGlo community through our **TikTok** and **Substack** channels. Visit, like, subscribe, and share with members of your community.

You can also deepen your community connection by **volunteering your time** or **donating**. Your support ensures that more internationally trained professionals can reclaim their careers.

[FOLLOW US ON TIKTOK](#)

[SUBSCRIBE TO SUBSTACK](#)

Watch: Our Impact Through One Jobseeker's Journey

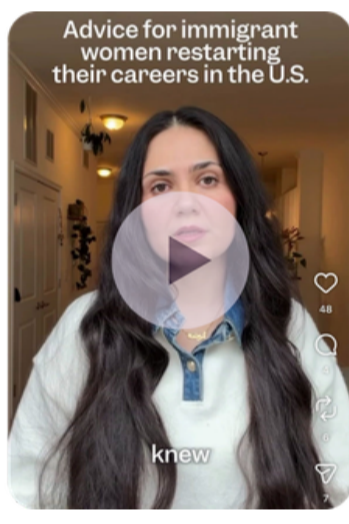


When immigrant professionals have the chance to live their dreams, they do more than just reclaim their careers. They inspire their family and friends, pour into their communities, and create new pathways for future generations to follow. **The Ripple Effect of One Opportunity**, our "About Us" video, follows the life of a newcomer who moves from working a survival job to reclaiming her career and creating generational impact as she reclaims her career and builds her own version of the American Dream.

See what's possible when opportunity meets talent. Watch **The Ripple Effect of One Opportunity** and experience the journey of resilience, growth, and joy firsthand.

[Watch now](#)

Women's History Month



Every March, we celebrate the contributions of women who have shaped their communities and helped them thrive. This **Women's History Month**, we highlighted some of the immigrant women who work at UpGlo, and asked them to share their advice for women looking to reclaim their careers in a new country.

[Take a look](#)

A Nation Built on Flavor:

How Immigrant Food Shaped American Cuisine



A Nation Built on Flavor: How Immigrant Food Shaped American Cuisine

America is a melting pot brimming with flavors that newcomers brought from their home countries. Tacos, pizza, hamburgers, and many other foods we enjoy today as U.S. staples have immigrant roots. From beloved street food to iconic comfort dishes, check out 11 iconic American dishes we explore that have immigrant origins.

[Learn more](#)

Opening Doors for Newcomers in California

How Immigrant Food Shaped American Cuisine



Opening Doors for Newcomers in California

Since 2023, the **International Rescue Committee (IRC)** in Turlock, CA, and Upwardly Global have worked side by side to support immigrant and refugee professionals as they rebuild their careers in the U.S.

Through career pathway learning modules, job-readiness trainings, and entrepreneurship support, more than 160 of IRC's participants have gained the tools and confidence to move their professional journeys forward in California.

Together, we're helping newcomers turn possibilities into progress.

[Learn more](#)

Paging Our Doctors

For 19 of our jobseekers, this **Match Day** marked a moment when years of hard work and perseverance became real. We're so proud of every international medical graduate who stayed the course and held onto the vision of serving patients again.

Will you consider making a gift today to help more internationally trained professionals achieve their Match Day moment?



[Give today](#)



Op-ed: The Solution to America's Workforce Crisis

The Solution to America's Workforce Crisis

Our CEO, **Gregory Adam Haile, J.D.**, recently published an op-ed in Fortune highlighting a critical opportunity for the U.S. economy: unlocking the talent that's already here. Millions of work-authorized, highly skilled immigrants are ready to contribute, yet remain sidelined. At Upwardly Global, we're working to change that by connecting our jobseekers to the opportunities and training they need to contribute to their fullest potential.

[Read the article](#)

